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Got Lent?

While the season of Epiphany has been longer than usual, it still feels like it is too soon to welcome Lent. But in a week we will gather to worship around confession and ashes and launch into the season of the church year that lets us journey with Jesus to the cross. But what is this season really about? Why is there so many walleye dinners on Fridays? Why do your friends ask you what you are giving up? What is Lent?

Lent is the span of time in the church calendar, first observed in the fourth century, that starts with Ash Wednesday and ends with Easter Sunday. Ash Wednesday commemorates the beginning of Jesus' 40-day fasting and temptation in the desert, and Easter Sunday commemorates Jesus' resurrection. The season of Lent is the 40 days of fasting and 6 "Sabbaths" in between.

That being said, what does it mean for us? Well, here is the invitation we receive on Ash Wednesday in our liturgy:

As disciples of Jesus, we are called to a discipline that contends against evil and resists whatever leads us away from love of God and neighbor. I invite you, therefore, to the discipline of Lent - self-examination and repentance, prayer and fasting, sacrificial giving and works of love - strengthened by the gifts of word and sacrament. Let us continue our journey through these forty days to the great Three Days of Jesus' death and resurrection. (ELW, Leaders Desk Edition)

The season of Lent calls us to spiritual discipline, confession, prayer, sacrifice, and works of love in the midst of our continual worship life. When someone "gives something up" or "takes something up" for Lent, they are using that "sacrificial" act to help focus their energy on relationship with God. Lent is often a time when people put an emphasis on personal prayer and sacrifice. At Salem, we mark the season by asking for sacrificial giving to ELCA World Hunger as we support acts of love around the globe.

Simply put, Lent is the season that reminds us that while we are an "Alleluia" people—that we take death seriously—that we

are willing to walk to the cross before we get to the empty tomb. This is significant.

It is often Lent that draws Christians back to the church. When life is hard and grief is real, the journey to the cross is a place people can grieve, lament, and meet God in the "deaths" of life. And it is the season of lent that allows all of us to encounter God's humanity and willingness to get into the muck in order to get us to the empty tomb.


I love the season of Lent. Easter wouldn't be Easter without it. The "Alleluia" people we are wouldn't be nearly as sweet. Join us for this special season. Come along for the journey on Sunday mornings, on Wednesday evenings, and each day in between. Come, let's journey to the cross, it leads to an empty tomb.

Lenten Blessings,


Pastor Rhonda

Got Change? Make Change!

\$2 per day is more than 10 percent of people around the globe have to live on. An individual gift of this amount can help, and setting it aside is a powerful reminder of what our neighbors face.




During Lent, use a coin jar wrapper to collect change at home. Then bring it to worship on April 14 or 21 as a special offering.



Lenten Schedule

- ◆ Wednesday March 6– Ash Wednesday Worship at 7 pm. Come launch into the season of Lent with us.
- ◆ Wednesdays March 13–April 10 there will be Soup Supper at 5:30 pm, Worship at 6 pm, and opportunities for Bible study and worship visioning at 6:30 pm. (See detailed schedule inside.)
- ◆ Maundy Thursday Upper Room Worship Experience Thursday April 18 at 6:30 pm.
- ◆ Good Friday Worship April 19 at 7 pm.



Salem News

Second Annual FAT Tuesday Celebration

Join us the day BEFORE Ash Wednesday as we come together as a community to eat, drink, and have fun together. Following the tradition of purging all the things that are rich, excessive, or decadent before the season of Lent begins, we will be making waffles! It's the traditional last "Huzzah" before Lent– the season of repentance, reflection, and walking with Jesus.



What you need to know:

- ◆ Date: **Tuesday, March 5**
- ◆ Time: We will *start* serving at **6 pm**–but come when you can, we will serve at least until 7 pm.
- ◆ **EVERYONE is welcome!** Invite your friends and neighbors!
- ◆ This is a **FREE** event for everyone!
- ◆ Donations for the celebration will be accepted – sign up in the sanctuary to bring items
- ◆ Volunteers needed to help set up and clean up. If you can help, please sign up in the back of the sanctuary or email Laurie in the office.

Greeters in March

We're the greeters at the main SpringHouse doors before the 10:30 am services all through the month of March. Please sign up for a Sunday; welcome others, point them to a congregation/sanctuary, be a friend. And don't forget what an important security piece this is! Can you help out with this really important job?

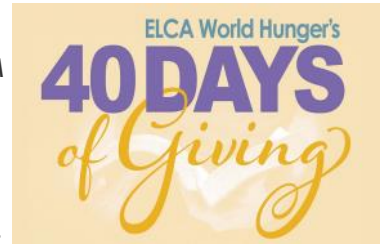
Theology on Tap



Theology on Tap will be taking a break until after Lent. In the meantime, join us for soup suppers and Holden Evening Prayer on Wednesday evenings and watch for information about the return of Theology on tap later in the spring.

Seasons of Giving

Pray, fast and give during ELCA World Hunger's 40 Days of Giving – for the good of our families, our neighbors and communities around the world.



The world provides enough food for all, but more than 800 million people around the world face chronic hunger. We believe in a God of abundance, so as a church, we live out our call in baptism to strive for a just world where all are fed. ELCA World Hunger is our church's ministry to end hunger and poverty. We walk alongside our partners and companions in the United States and more than 60 other countries. Your gifts to ELCA World Hunger address hunger and poverty around the world with creative and courageous action. This Lent, you're invited to join together with fellow supporters to study, reflect and give during ELCA World Hunger's 40 Days of Giving. Experience how the grace of Christ moves us to engage in transformative works of love around the world through ELCA World Hunger as God calls us into the ministry of hope, liberation and restoration for our world.

How to give:

- Make checks payable to Salem and write "40 Days of Giving" on the memo line. (Special envelopes are available in the sanctuary.)
- Use the **Coin Jar Wrapper** handed out in worship and available in the sanctuary to collect change for the duration of lent and bring them to worship on Palm Sunday (April 14) or Easter (April 21) as a special offering.
- **ONLINE** Give online with a credit card at ELCA.org/40Days

Devotional Calendar

Make sure to pick up your 40 Days of Giving Lenten Devotional Calendar in Worship when you come.



More News

Maudy Thursday Upper Room

You are invited to join us on Thursday April 18, at 6:30 pm, for a unique Maudy Thursday Upper Room Experience. We will gather for worship around a meal as we mark the night Jesus celebrated the Passover meal with his followers. This will be a worship experience for all that will include a meal, song, prayer, communion, and immersion into the original Maudy Thursday experience. You won't want to miss this unique way to mark Holy Week.



Wednesday Evenings

Join us Wednesdays in Lent for soup at 5:30 pm, Holden Evening Prayer Around the Cross at 6 pm, followed by Bible study, planning, and conversation at 6:30 pm.



After soup and worship, join us each week for:

March 13: Let's look ahead to Holy Week and come together to plan our Maudy Thursday Upper Room Experience.

March 20, March 27, and April 3: Let's dig into Bible study! Join us for an informal deeper dive into Jesus journey to the cross in the Gospel of Matthew. Dig deeper into the work we are doing on Sunday mornings!

April 10: Join us as we look ahead and dream about worship in the summer. We will be looking at our schedule as well as our worship practices.

Salem's Responsible for Soup and Serving

On Wednesdays March 13 and April 3, Salem is responsible for preparing, bringing, serving, and cleaning up after soup. We will need 2-3 pots of soup (one vegetarian option) and at least 3-4 people to help serve and clean up. If you are able to help, please contact Pastor Rhonda or Laurie Z in the office—or sign up during worship next week.



Sanctuary Switch

We're making our move from South Sanctuary to North Sanctuary on Monday, March 4. If you can lend a hand in the morning, please come on over.



Worship Planning Opportunities

Be part of the process! Join us for the following opportunities to help shape our worship experiences as Salem.



Wednesday March 13, 6:30 pm: Help plan our Maudy Thursday Upper Room Experience. Our worship on Maudy Thursday will include a full meal and immersion worship experience. We need several people to help pull it together!

Wednesday April 10, 7:15 pm: Join us to shape our summer worship experience. We need to look at our schedule for summer... time, place, and themes. Don't let your opportunity to have a voice pass by.

Affirmation of Baptism (Confirmation) Preparation

Confirmation students—make sure to mark your calendars for the following two mini retreats.

- Sunday March 31 from 12 pm to 3 pm.
- Saturday April 13 from 9:30 am to 12:30 pm.



We have tentatively planned our final preparation retreat for the first weekend of May, so watch for communication to come your way soon. Our hope is to schedule the Affirmation of Baptism service for the early part of May. We are excited to welcome you as adult members of Salem Lutheran Church!

SpringHouse News

A Letter from Youth Minister Jon Bates

Dear SpringHouse Ministry Center,

With sadness and heaviness I have put in my resignation as the Youth Minister at SpringHouse Ministry Center. Leaving this position will allow me to begin a new role as the Director of Children, Youth, and Family Ministries at St. Michael's Lutheran Church in Roseville, MN. My last Sunday at SpringHouse Ministry Center will be March 17.



This is a big change, not just for myself but also for the youth and adults that make youth ministry at SpringHouse possible. Since beginning at SpringHouse, I have experienced the Holy through the creation of relationships, acts of joy, the boldness of the pastors, spaces of vulnerability, and through breaking bread together. These special moments I've had at SpringHouse made the decision to resign, painful and challenging. The people at SpringHouse are a blessing and have helped me see and hear Jesus a little bit more clearly. Through the lessons learned from the youth at Youth Group, laughter shared during fellowship, and through worshiping together. I am full of both joy and gratitude as I reflect on my experience at SpringHouse.

You are more than welcome to connect with me further with any questions or comments.

God speed,

Jon Bates

Lenten Brunch

First Christian Women's Ministries is sponsoring a Lenten Brunch on Saturday, March 16 at 10 am in the Gathering Space at SpringHouse. Everyone is welcome at this event. A small donation will be requested to cover food expenses. Child care is available if requested ahead of time, Special dietary needs? Let us know also. Please reserve your place by contacting Deb at deb.murphy@fccmpls.org or 612-870-1868.

Adult Faith Formation

Join in our Sunday adult study, with topics from member feedback!



March 10, 17, 24, 31, April 7: Social Justice Through The Eyes of Prophets You May Not Know (or remember...)

For our Lenten study, our focus will be on some of the prophets that we forget about or may not know about, and how they underpin social justice.

April 28, May 5, 12: Human Geography of Palestine

We hear a lot of things in the news about the situation in Israel and Palestine. What's the Biblical history that connects the dots, how does it relate to the Bible and modern history?

June 2 & 9: Is My Muslim Neighbor's God the Same as My God?

Guest speakers TBA.

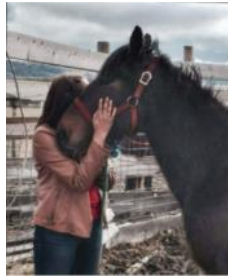
June 16, 23, 30, July 7 & 14: Myths, Leviticus, and Us

Pastor Laurie of First Christian will lead us through a study on Leviticus, helping us examine some common myths and how people use the Bible to 'justify' certain positions.

SpringHouse Ministry Center

Reaching Out ...

SpringHouse Joint Servant Trip Cheyenne River Reservation Spiritual Healing Horse Ministry



It is not too late to join us on our trip this summer! We have been invited to experience an amazing ministry that centers on young adults and horses at The Horse Ministry Program.

Our time will be spent building relationships, learning about Lakota history, traditions, and life, participating in work projects, working with the people and horses in the program (there will be an opportunity for each of us to choose to ride), and of course– having fun!

- ◆ **When?** We are set to leave after worship on **Sunday July 7 and return Saturday evening July 13.**
- ◆ **Cost?** We anticipate that the total cost will not exceed \$350 per person. **If cost is an issue, know that there are scholarships available.*
- ◆ Sign up by talking to Pastor Rhonda or Pastor Rebecca

Support Families in Sanctuary



As a Sanctuary-Supporting/ Immigrant Welcoming Church, we are working with other faith communities in South Minneapolis who are providing sanctuary at this time. **One very pressing need is**

help with the cost of food. Specifically, we can support families by donating Cub Food gift cards. You are invited to buy Cub Food cards and place them in the offering plates on Sunday. They will then be delivered to churches hosting sanctuary families. Thank you for your support in this ever important ministry!

Simpson Shelter Meal

Our next opportunity to serve the evening meal at Simpson Shelter will be Tuesday, February 12. We gather at Simpson United Methodist Church, 28th St. and First Ave., to prepare and serve the meal at 7 pm. Please sign up on the info table or with Mary (mandmvanderford@gmail.com)

ZOOM House Gala

This year's ZOOM House Gala, "Beyond Shelter" will be March 23, 2019 at the Minneapolis Marriott Northwest. The evening will include delicious food, live and silent auctions, games, fund-a-need opportunities, and other fun activities! You are invited to join in celebrating all that takes ZOOM House "Beyond Shelter." . The event doors open at 5:30 pm and dinner will begin at 7:00 pm. You can purchase individual tickets, or Salem may buy a table of 8 together. If you are interested please contact the church office or Kate Rime.



Caritas Vocal Ensemble Concerts

Caritas Vocal Ensemble is a non-profit vocal ensemble which performs acapella choral music from all genres to raise money and awareness for people in need. Laurie Zaepfel from the Salem office sings in this group! Please join us for a concert this spring. More information at caritasvocalensemble.org.

- ◆ **Sunday, March 3, 2019 at 3:00 pm**
 Prince of Peace Lutheran
 7217 West Broadway Ave.
 Brooklyn Park, MN 55428
 Beneficiary: Brooklyn Avenues for Homeless Youth
- ◆ **Sunday, March 17, 2019 at 3:00 pm**
 Valley of Peace Lutheran Church
 4735 Bassett Creek Drive
 Minneapolis, MN 55422
 Beneficiary: Cherish All Children

Sunday School and Children's Ministry



Godly Play News!

During February, we experienced the parables of Jesus. The Godly Play curriculum has 6 core parables: The Sower, The Mustard Seed, The Good Samaritan, The Good Shepherd, The Leaven, and The Great Pearl. In addition, we will hear about The Great Well, Zacchaeus, and the 10 lepers until the beginning of Lent on March 10. During Lent, we will explore The Mystery of Easter, The Faces of Easter, and The Anointing at Bethany.

Children's Ministry Team

The Children's Ministry Team meets on the first Sunday of the month at noon in the Sunday school space. Our next meeting will be Sunday, March 3.

Questions about Sunday School?

Contact April Conlee (april.conlee@gmail.com) or Pastor Rhonda (revrhonda@discoversalem.org)

It's Almost Time for Peeps Dioramas!

For our next intergenerational event we will be creating dioramas with Peeps. Start saving shoe boxes or other similar sized boxes for this project. We will create the dioramas on Palm Sunday, April, 14. Suggested themes are a favorite parable or Bible story, social justice action, etc. You may also create one at home and bring it in on April 14.



Sunday School Needs

The Sunday School is looking for someone to paint or draw seven images of Jesus throughout different phases of his life to use for stories during Lent. They also need a wooden cross cut into puzzle pieces (contact April Conlee for details.)

We would welcome donations of different colored felt, low book shelf units, bean bag chairs, manipulative building toys like Legos, K'Nex, Magna tiles.

Youth News

Upcoming Youth Activities

Saturday, March 16, 3-8 pm

Youth Worship Planning Day

We will gather at SpringHouse to work on the Youth Sunday Worship Services! If you can't come, let Jon know as soon as possible. This date has been on the calendar since September and your help and presence are important! Dinner provided.

Sunday Mornings

Youth group meets every Sunday 9:30-10:20am in the Micah room, (no meeting March 31) All high school and middle school youth welcome Please stay connected with the Youth Ministry E-Newsletter. Connect with Jon to get subscribed. You can text @db2kc8 to 81010, or talk to Jon Bates.

Questions? Contact Youth Minister Jon Bates at 651-253-8494 or springhouseyouth@fccmpls.org



Calendar

Week of March 3

Sun	3/3	8:30 am	Traditional Worship
	3/3	9:15 am	Sunday School and Youth
	3/3	9:30 am	Adult Ed
	3/3	10:30 am	Jazz Worship
	3/3	12:00 pm	Children's Ministry Team
Mon	3/4	10:00 am	Sanctuary Switch
Tue	3/5	8:15 am	Lectionary Bible Study at Walker Home
	3/5	6:00 pm	Mardi Gras Waffle Supper
Wed	3/6	7:00 pm	Ash Wednesday Worship

Week of March 10

Sun	3/10	DAYLIGHT SAVING TIME BEGINS
	3/10	8:30 am Traditional Worship
	3/10	9:15 am Sunday School and Youth
	3/10	9:30 am Adult Ed
	3/10	10:30 am Jazz Worship
Tue	3/12	8:15 am Lectionary Bible Study at Walker Home
	3/12	5:15 pm Simpson Shelter Meal
Wed	3/13	5:30 pm Soup Supper
	3/13	6:00 pm Lenten Holden Evening Prayer
	3/13	6:30 pm Planning for Maundy Thursday
Sat	3/16	10:00 am First Christian Lenten Brunch
	3/16	3:00 pm Youth Worship planning meeting

Week of March 17

Sun	3/17	8:30 am	Traditional Worship
	3/17	9:15 am	Sunday School and Youth
	3/17	9:30 am	Adult Ed
	3/17	10:30 am	Jazz Worship
Mon	3/18	6:45 pm	Building & Grounds
Tue	3/19	8:15 am	Lectionary Bible Study at Walker Home
Wed	3/20	5:30 pm	Soup Supper
	3/20	6:00 pm	Lenten Holden Evening Prayer
	3/20	6:30 pm	Bible Study
	3/20	TBD	Salem Council

Week of March 24

Sun	3/24	8:30 am	Traditional Worship
	3/24	9:15 am	Sunday School and Youth
	3/24	9:30 am	Adult Ed
	3/24	10:30 am	Jazz Worship
Tue	3/26	8:15 am	Lectionary Bible Study at Walker Home
Wed	3/27	5:30 pm	Soup Supper
	3/27	6:00 pm	Lenten Holden Evening Prayer
	3/27	6:30 pm	Bible Study

Week of March 31

Sun	3/31	8:30 am	Traditional Worship
	3/31	9:15 am	Sunday School and Youth
	3/31	9:30 am	Adult Ed
	3/31	10:30 am	Jazz Worship
	3/31	12:00 pm	Confirmation Mini-Retreat
Tue	4/2	8:15 am	Lectionary Bible Study at Walker Home
	4/2	5:15 pm	Simpson Shelter Meal
Wed	4/3	5:30 pm	Soup Supper
	4/3	6:00 pm	Lenten Holden Evening Prayer
	4/3	6:30 pm	Bible Study

**Spirit-led. Welcoming.
Bold. Rooted.**

March Birthdays

Wish these Salem members and friends a happy birthday! If you're new to Salem and would like your birthday listed, please contact Laurie in the office.

- | | |
|-------------------------|----------------------|
| Matt Potts – 3/4 | Bob Hlavinka – 3/28 |
| David Seiffert – 3/7 | Matt Giinther – 3/31 |
| Sarah Sinderbrand – 3/8 | Linda Hanson – 3/31 |
| Bettie Buzzell – 3/20 | |



Daylight Saving Time Begins March 10

Don't forget to turn your clocks forward one hour early Sunday morning, March 10.





610 West 28th Street
Minneapolis, MN 55408

Salem English Lutheran Church
is a Reconciling in Christ
 (R.I.C.) Congregation

We are a Spirit-led, welcoming, and bold
 Christian community rooted in the neighborhood,
 striving to live faithfully in God's world.

612-872-4650

Pastor:	Rhonda Hlavinka	revrhonda@discoversalem.org
Office:	Laurie Zaepfel	office@discoversalem.org
Youth Minister:	Jon Bates	springshouseyouth@fccmpls.org
Jazz Music:	Tom Pieper	spirit@msn.com
Traditional Music:	Kent Goodroad	kgoodroad@gmail.com
Building Coordinator:	Deb Murphy	deb.murphy@fccmpls.org
Building Manager:	Rick Bowman	rjamesb49@gmail.com

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an assorted crowd

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